


WIETA				
	Code Principle	Safe and Healthy Work Environment	Date	April 2016
	Subject	Contents of First Aid Box	Internal Ref	03..03(e)
	Legal reference	General safety Regulation 3		

CONTENTS OF A FIRST AID BOX

In the case of shops and offices, the quantities stated under items 1, 8, 9 10, 14, 15, 17 and 18 may be reduced by half.

- Item 1: Wound cleaner/antiseptic (100 ml).
- Item 2: swabs for cleaning wounds.
- Item 3: wool for padding (100 g).
- Item 4: sterile gauze (minimum quantity 10).
- Item 5: 1 pair forceps (for splinters).
- Item 6: 1 pair scissors (minimum size 100 mm);
- Item 7: 1 set safety pins.
- Item 8: 4 triangular bandages.
- Item 9: 4 roller bandages (75 mm x 5 m).
- Item 10: 4 roller bandages (100 mm x 5 m).
- Item 11: 1 roll elastic adhesive (25 mm x 3 m).
- Item 12: 1 Non-allergic adhesive strip (25mm x 3m).
- Item 13: 1 packet adhesive dressing strips (minimum quantity, 10 assorted sizes).
- Item 14: 4 First aid dressings (75 mm x 100 mm).
- Item 15: 4 First aid dressings (150 mm x 200 mm).
- Item 16: 2 straight splints.
- Item 17: 2 Pairs large and 2 Prs medium disposable latex gloves.
- Item 18: 2 CPR mouth pieces or similar devices.